



Pride of LIONS

DG Abhnaash Bains



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Lions message reaches the *bottom* of the world

Some members of the Newport Pagnell & Olney Lions Club attended a fundraising talk by a local girl who had been chosen to be part of an all-female research expedition heading off to the southern-most point of the earth.

Intrepid Maddie Brasier, a PHD student from Liverpool University was one of only a handful of people from around the world selected to take part in the expedition to Antarctica. In order to participate, however, she needed to raise around £17,000 (\$20,000) for the American led expedition – a difficult feat.

She had been in the Antarctica previously, doing research for the Commission for the Conservation of Antarctic Marine Living Resources Information. Maddie was keen to return to this area for two reasons. Firstly to continue her environmental research but also for a quite different purpose.

In the 1950s, most countries did not allow women to work in Antarctica. However, the number of female Antarctic researchers has been increasing and are playing leading and influential roles in Antarctic research. Keen to demonstrate the important contribution that women make in what was once a male only career, the all female trip has been designed to promote the achievements of female Antarctic scientists whilst developing leadership skills amongst the members. The expedition would encourage younger female researchers and inspire girls around the world to pursue science careers.

This message resonated with our Lions Club members, and with the 'Protection of the Environment' being one of our Centennial Challenges, her passion and confidence ensured that we just had to help her achieve her aims.

A donation towards the cost of her trip was easy to organise – but how do we help her in her efforts to get the anti pollution and females in science messages out to our community? Having worked with a number of local schools in the past, Lion Bob Benbow entered into discussions with our local secondary school with the outcome that Maddie was invited to give presentations to over 400 students.

It was clear that those attending were enthralled by her passion, the work she was doing and the adventure she was about to embark upon. As 13 year old Millie said "It was empowering to see the stuff women can achieve in Science" whilst Teacher Lucy Campion summed the experience up when she said, "We really appreciate speakers like Maddie giving up their time to come and inspire our students". The talks were very well received and she has kindly offered help in the future for any of our students who would want to work in a similar field.

In order to thank the Lions for their support Maddie took a specially designed Centennial Banner to Antarctica and as you can see, it brings a certain amount of colour to an otherwise barren landscape.

Thanks to her publicising our great organisation out there, perhaps it won't be long until we see a new club being chartered at the South Pole – but since Lions as we know them don't frequent the area, I guess it would have to be called South Pole Sea Lions Club!

Lion John Ferris
Newport Pagnell & Olney Lions Club



..... NOTICE BOARD

Since 1968, LCIF has been providing grant funding to support the life-changing service of Lions and over US\$1 billion has been given in grants around the world.

We are requesting every club in our District to make a donation to LCIF. There is still time for more clubs to support our own charity in this special year because saving vision, empowering youth, providing disaster relief and meeting humanitarian needs cannot be done without your generous support.

Please send your donations to District treasurer payable to LCI DISTRICT 105A and mark the back with LCIF – area of giving (Area of Greatest Need, Disaster, Sight, Youth and Humanitarian Needs).

Lion Vijay Arora



LCI Purpose:

To Encourage service-minded people to serve their community without personal financial reward, and to encourage efficiency and promote high ethical standards in commerce, industry, professions, public works and private endeavors.

Enfield Lions fund sensory rooms at Swiss Cottage School

Lions Club of Enfield recently formally opened two sensory rooms at the Swiss Cottage School for Special Education funded through a donation of £40,000 from the £120,000 raised at the 2017 gala evening of Past President Lion Piyush R Patel. The school in Swiss Cottage is maintained by Camden Council and focusses on education of children with complex layered needs, including severe learning difficulties, autism, communication disorders, sensory needs and profound multiple disabilities.

Club President Lion Dr Mukund Patel and Lion Piyush R Patel presented the cheque to the trustees of the Swiss Cottage School Charity, which supports the school in respect of funding gaps. The event was well attended by the club's Lions and Lionesses as well as parents, senior educationalists, Camden Council representatives and community well-wishers who all had the opportunity to see the rooms in use. The work of the Enfield Lions was recognised by the Swiss Cottage School Charity appointing Lion Piyush as Chairman of the Board of Trustees.

Lion Piyush R Patel



Presentation of cheque by Enfield Lions

Southall Lions Club supports a Southall resident for international volunteering

Heenal Ghedia is a young resident of Southall. This is Heenal's story.

Southall Lions Club kindly supported my fundraising towards three months voluntary role in Sierra Leone. My placement in Sierra Leone was through Youth Care International. I contacted Southall Lions Club for support towards my fundraising. I was invited to deliver a presentation outlining my role in Sierra Leone and how it



Heenal Ghedia with Southall Lions

would benefit the local community. Southall Lions considered that my role would be of benefit. Additionally, my experience would also help with my personal development. They made donations totalling £250 towards my fundraising.

My placement involved working directly with six Ebola affected communities in Kenema, the second largest city in Sierra Leone. I led a team of 15 volunteers; 7 from the UK and 8 from Sierra Leone, to deliver sensitisation on topics ranging from gender equality, child rights to correct hand washing techniques. As my placement coincided with the country's pivotal elections, the importance of voting and awareness raising on political violence featured heavily in our community workshops.

I was able to develop my leadership skills, bolster my project management experience and immerse myself into a new culture – an experience I will cherish for a lifetime. As a result of my placement, I have secured a place on a Master's programme in Migration and Development at a leading London university. I would have been unable to reach my fundraising target, go to Sierra Leone and continue to develop my career without the generosity of the Southall Lions.

I would like to extend my gratitude and hope they continue to support Southall community members to make local and global impact.

Heenal Ghedia

Welcome new Lions



New member **Afzal Memon** being inducted at Lions Club London Central Host.



Lion **Ravi Maniar** being inducted at Hatch End Centennial Club.



LC of Wembley (Brent) inducted new member **Lion Pushkar Joshi**. His Sponsor was Lion Pinakin Barot. The induction ceremony was conducted by Lion Dinesh Dave. LP Madhubhai Patel welcomed Lion Pushkar to Lions family.

Ruislip Lions have a spring in their step in summer

As daffodils bloomed, we took on the challenge of raising money for Marie Curie Charity. Lion Sue has always done a delicious afternoon tea but this time we went for the traditional highwayman approach in our local supermarket. Lion Fred led the group and our buckets were soon loaded with cash for this excellent cause. The supermarket staff were brilliant and together we raised £550.

Next, it was the Easter Egg Hunt. Ruislip Lions are lucky to have 15 pubs and clubs taking part in the raffle for the amazing chocolate eggs – forget the calories just this once. First a local traditional real ale pub The Case is Altered, where Richard, the manager has terrific ideas to make events more exciting. The pub garden attracted over 40 children and parents keen to take part in the hunt... a special prize was the golden egg as well as Ruislip Lions Egg. Great fun was had by all.

Not to be out done the other new bar was The Ramada- run by the Johal boys and Jaz Johal, the Dad! They are always very generous to local charities and this Easter they did not disappoint either. The funds raised £1,472 in total.

So what else could we try to swell the funds. Yes, St George's Day. Our involvement has been due to Lion David who has helped to run the Pinner

St George's Day for many years. True to the historical style of the event we took along our crossbow stall and raised another £272. Competition between friends, siblings and parents was very exciting.

Ruislip Lions raised a bumper £2,314 in April. Thanks to all the Lions who took part and the friends who supported our events. In May our 21st PLANT SALE should be a good fund raiser.

Lion Lynda Kaufmann



Fund raising Ruislip Lions

Zone B Easter egg hunt and duck race



Welly wanging was popular

After a week of rain, the Hargreaves Scout Camp was wet and muddy, but on Easter Monday although overcast the day was dry. Yells of excited disadvantaged children rang out at the annual Zone B Easter event organised by DGE Lion Doreen and her committee. Hunting for eggs, racing chickens, craft activities, egg and spoon races, hopper races, challenges and welly wanging was the order of the day before the finale Duck Race. Zone Lions and Leos along with DG Abhnash and 2nd VDGe Alastair kept the children amused and occupied throughout. Refreshments and cake meant the energy levels were kept high. Due to the week of rain the stream was knee high and the Duck race was fast and furious. The children thoroughly enjoyed getting muddy and splashing in the large puddles ending the day with medals, certificates and lots of chocolate Easter Eggs

Was it muddy? Yes – was it fun ? Yes – Would we do again – Without a doubt. The date is already booked for 2019.

DGE Lion Doreen Allen

Away the Ducks



Ready Steady Go



Hoppers away



Lions passed to Higher Service

Lion Stuart Cross, a stalwart of Stevenage Corey's Mill LC, and a member for 10 years. He was president 3 times, and had been a Treasurer for many years. He had been ill for a relatively short time.

From the District

It is with regret that a draft report concerning the Lions Club of Wanstead and Woodford from Zone Chairman Abdul was erroneously distributed to other Clubs in 105A. This has caused some distress and the District wish to apologise for this to all members of Wanstead and Woodford.

DG Abhnash Bains



DG Abhnash's Article



"Ultimately, leadership is not about glorious crowning acts. It's about keeping your team focused on a goal and motivated to do their best to achieve it, especially when the stakes are high and the consequences really matter. It is about laying the groundwork for others' success, and then standing back and letting them shine." – Chris Hadfield

It has been a very busy yet rewarding year which has sped by. I realise that my duties as DG are almost ending. It has been tiring at times but meeting new and interesting people makes it all worthwhile.

I attended LC of Hounslow Charter lunch on 22nd April and LC London Acton's Charter on 28th April. My appreciation to both clubs for their work in the community, locally and internationally. On 1st May I attended the LC of Banbury business meeting. They are well organised, working great as Lions although they have concerns about membership being lower than 18. On 12th May, I attended the 45th Charter of High Wycombe. I loved their hospitality and all they need to do is to continue with their lionistic spirit. LC of London Acton held their Business Meeting on May 16th. I am thankful to the members for having invited me to discuss on the clubs plans and health. Zone B had their last Zone meeting on 22nd May, attended by partners, which made the event enjoyable. It is great to see the fellowship between incoming ZC Harvinder Singh and the outgoing ZC Abdul Bux. ZC Baljit Sood held their handover on 25th and incoming ZC Rajni Sheth organised the planting of trees within the local community centre. His knowledge will always be an inspiration. A golf competition was held on Bank Holiday Monday in memory of Charter member NC Patel (Hatch End Centennial LC) who passed away earlier this year.

On 27th April we flew off to the Muenster, Germany for the Convention. Lions PDG Max Mongia and his wife Aruna, PDG Mike Baldwin and his wife Janet, PCC Lion Viresh Paul and I had an early flight. We were met by Lion Helk, who was our invaluable host. They made us feel welcome and we had a chance to talk to their members informally. We discussed the new regulations that are coming into effect and the way each of our District is dealing with these changes. We also discussed other common issues including membership but unlike us their membership is on the increase.

The next day we spent at the Convention and it was interesting to see the difference in which it was conducted. They were finished by early afternoon and having covered everything on time. Their hospitality was outstanding. We had lively discussions with DG Klaus Seifert and the other Lions present from our twinning District 111NW. On our last day, Lion Helk took us sight-seeing but even then we were discussing Lionistic issues.



DG Abhnash K Bains with DG Klaus Seifert of twinning district 111NW

The MD 105 Convention 2018 was held in Basingstoke from 3rd to 6th May. We started with the opening speech from Chairman of Council MD105 IPDG Lion Balvinder Singh-Sokhi. On 5th May we welcomed Mayor of Basingstoke and Deane, and the Convention was opened by the Deputy Lord Lieutenant Hampshire. The closing ceremony was after presentations and award ceremonies. The DGs Elect for 2018-19 were introduced and presentation by the C. of Council Elect 2018-19. Lion Mick Claxton received his Appreciation medal award from the IP Naresh Aggarwal for his continued work in promoting the Lions.

The question of Lions Clubs becoming CIO is still causing confusion. We are putting together a workshop to answer any queries. Our CIO officers Lion Harvinder Virdee and Lion John Savell are there to advise any club needing help to become CIO registered. Lions Elliott and John will be conducting a seminar on CIO in the near future.



DG Abhnash K Bains Visit to Basingstoke Mayor's Parlour and Council Chamber

The GDPR are changing. To prepare for the changes, we need to get your permission to continue to hold your personal data and inform you of your individual rights under the new legislation. We now require you to opt in to be able to hold your personal data, to be able to correspond with you about Lions information, by post, telephone, email, or SMS.

We are as Governors working toward the redistricting. PDG John Savell and ZC Brian Donovan, are working together and helping the Zones that are leaving our District. DG team consisting of myself, DGE Doreen, 1st VDG Kamal, PCC Viresh, PDG John and PDG Elliott made the decision to get clarity over the redistricting from International as there was concern that we would be left in transition. The response from international team is there to see for yourself.

Lion Minesh has been instrumental in starting a Leo/Lions Branch so I wish him success in making this a full club in future. At the same time my congratulations to Lions Club of Fairlop for sponsoring the new Friern Barnet Centennial Lions club and to Kumar Acharya for supporting, and helping to find new members and encouraging the Lions who may have been on the verge of leaving our organisation. Credit also goes to ZC Praful Pattni and the other clubs in Zone F for working together in the spirit of lionism to make Zone F strong again. I am hoping before the end of this Lionistic year, we would as a District have 2 Branch clubs – 1 specialist club and 1 Lion club.

I held my last cabinet meeting on the 20th May where feedback was given from the Convention. Major points were the insurance claim for the stolen projects being rejected. In the afternoon DGE Doreen introduced her cabinet as well as her goals for the forthcoming year. I would like to wish DGE Doreen Allen and Andrew a very successful year ahead.

As my term is coming to an end, I would like to thank everyone for their continued support because of whom the year has been so successful. It was a pleasure and honour to serve you as your District Governor. I am sure that no matter how many changes are made due to the re districting, we as Lions shall always stand strong together.

I am sure that all members shall work and utilise their real power even in the future.

DG Abhnash Bains

"You may never know what results come of your actions, but if you do nothing, there will be no results." – Mahatma Gandhi

My Diary June 2018

2	Abingdon charter	15 - 18 Italy twinning ceremony
4	St Albans business meeting	24 31st charter of Wantage and Grove LC
5	DG Team meeting	25 Formation of new club
7	London Central Host club Business meeting	1 July Kenton funding lunch
9	LC of Fairlop fundraiser	15 July District Handover
10	DGE Doreen Garden Party	