



# Pride of LIONS



DG Kamal Sharma



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District 105A News

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## New club does make a difference

**F**riern Barnet Centennial Lions Club (sponsored by Fairlop LC) was formed in June 2018 and held the 1st charity Golf Challenge on 22 May 2019. The venue was Crews Hill Golf Club, Enfield. With over 60 golfers the day kicked off with hearty English breakfast and halfway house savouries sponsored by Meera Catering. Non-golfer guests joined the post-game drinks reception on the balcony with spectacular views across Enfield farms, followed by delicious dinner and live music. Trophies were sponsored by Lions Girish and Jyoti Mehta and raffle tickets were sold by Lions Sonali Vaghadia, Dhani Vekaria and Dominic Fernandez.



One of the children following surgery

Charter President Lion Kumar Acharya chose a UK registered children's charity 'Healing Little Hearts' (HLH) as the beneficiary. HLH send medical teams to perform FREE heart surgery (open heart and keyhole) on children in 12 developing countries. Dr Paresch Sewpaul from HLH gave a short presentation during dinner. We chose to sponsor the medical camp at the MP Shah hospital in Nairobi (Kenya). HLH medical team flew in from UK, USA, Italy, Australia, India, Spain, Pakistan, Portugal and Slovakia. They screened 100 patients and performed 30 lifesaving operations (13 open heart and 17 cardiac catheterisation) from 31 October to 9 November. Since its inception in August 2007 by HLH founder Dr Sanjiv Nichani, this is a record for a one week medical camp.

Lots of hard work was put in by the golf committee: Lions Dilip Mandalia (planning and execution), Harish Vekaria and our in-house photographer Lion Pravin Soni. Our grateful thanks to all golfers, sponsors, raffle prize donors and volunteers – in particular IPZC Lion Harish Vyas. We raised £7,665 and banked in HLH account for the project in good time.

DATE FOR YOUR DIARY: Our next charity Golf Challenge is on Wednesday, 13 May 2020.

Lion Nilesh Vaghadia

## Lions help the NHS

**E**arlier this year the West Herts Hospitals NHS Trust were looking for a central location in Hemel Hempstead to distribute NHS hearing aid batteries. The Lions book shop in the Marlowes Shopping Centre were approached and they agreed to help distribute batteries. As from this week, people with NHS hearing aids can collect new batteries from the shop providing they show their record book. Old batteries can also be

returned for recycling.

The Bookshop is open seven days a week and is manned by Lion volunteers from the local Lions Clubs. One of Lions' key aims is to support schemes around the world dealing with preventable hearing and sight loss.

The shop is also a collection point for used and unwanted hearing aids as well as spectacles. These items are refurbished and use to support hearing and sight schemes in the developing world.

The Lions bookshop has been running for over ten years with all profits shared

amongst the Lions Clubs who run the shop. These funds are then used to support project in our local communities.

Lion Steve Mitchell



## ..... NOTICE BOARD .....

**20th Anniversary Senior Citizens Celebrations** on Sunday 1 March 2020 at Harrow Leisure Centre.

**£10 per person – Book now.** Contact PDG Lion Ken Rouse or PDG Lion Parveen Verma.



**LCI Ethics:**

*To Seek success and to demand all fair remuneration or profit as my just due, but to accept no profit or success at the price of my own self-respect lost because of unfair advantage taken or because of questionable acts on my part.*



# London Golders Green Lions adopt Harrow Library



**L**C of Golders Green have taken up a service project to support Harrow Library which had been closed down by Harrow Council. We have helped to replenish stock by donating over 500 books and recently made a donation of £1,000 towards the cost of fixed overheads.

The Library has now been revived and is run by local volunteers. It has a large stock of English, Gujarati and Tamil books which well caters for the local residents .

**Lion Kishore Patel**



*Harrow Library cheque presentation*

## LC of Mill Hill win Zones Quiz ...again

**T**his was an unprecedented event where Zones E, F & G got together on 26 November for a Quiz Final. The attendance was around 75 Lion members from the 11 Clubs that took part.



*LC of Mill Hill win Zone Quiz*

The results were as follows:

**ZONE E** – Winners: LC of London Hendon.

Runners-up – LC of London Kingsbury.

**ZONE F** – Winners: LC of Mill Hill.

Runners-up – LC of Friern Barnet Centennial.

**ZONE G** – Winners: LC of Harrow & Pinner

Runners-up – LC of Ruislip



*Competition Officer Lion Dinesh*

**The Overall winner** from the participating 11 Clubs was **Lions Club of Mill Hill** with 99 points.

**Zone D** held their Quiz on the 25 November and the winners were – LC of Greenford Willow Tree.

**Zone C** held their Quiz on the 18 November and the winners were LC of Feltham & Whitton

Congratulations to all the above winning clubs. The District Quiz final will be held on Sunday 2nd of February 2020.

**Lion Dinesh Shonchhatra**  
District Competition Officer



## Diabetes Awareness

**T**o mark Diabetes Awareness Day, a joint event was held on 13 November by **Redbridge Centennial LC and Wanstead & Woodford LC** at Downshall Primary School Ilford. Parents and members of both clubs were invited to attend.

Dr Lion Ranjan Adur of Redbridge Centennial L C gave the presentation and advice to parents to prevent Diabetes and in children in particular. LP Maria of Wanstead and Woodford LC, made the arrangements for the meeting at this school where she is Head of Early Years.

Presentation was a success and Dr Ranjan has been invited to return for a further presentation. In attendance were presidents, secretaries and members from both clubs as well as the Zone Chair.

**Lion H S Virdee**  
Zone B Chairman



# Opening of the Sensory Room

The Little Heath School had finally reached the day they had all been waiting for. The opening of the new sensory rooms was on Monday 7 October. Little Heath School is a well-established school for pupils aged 11 – 19 with autism, a wide range of learning difficulties and complex needs.

Over 40 people attended the launch with the Chairperson of Friends of Little Heath (FOLH). IPP **Fairlop Lions Club**, Lion Amarjit Singh Soora, cut the ribbon. As well as the tremendous fundraising efforts and commitment from FOLH, from parents, friends and local businesses, Little Heath were very grateful for the support by the Fairlop Lions who donated £2,900 towards this much needed project. The Head teacher even ran four half marathons in aid of this project. A total of £24,000 was raised to make this possible.



**Lion Oana Simina**  
**LC of Fairlop**

*At the opening ceremony*

## Message from LC of Chichester about sending spectacles

We have during the past year received complaints from Parcel Force about the way that boxes are packed as many of them are splitting open. Many boxes are not packed to capacity which means that they collapse on stacking. Please can you ensure that the boxes used are made of sturdy cardboard and are packed to the top without using materials such as newspaper or polythene as fillers.

Boxes should be of a good size (shoe boxes are much too small!) and must not weigh more than 10 kg. Spectacles should be packed loose and not wrapped individually or put into plastic bags.

Please do not call Parcel Force out for single boxes. Wait until you have several boxes before you ring them. Remember that they provide this service free of charge. Do not send cases, cleaning clothes, loose lenses, or contact lenses.

For clubs that bring their spectacles to us of course you can continue to drop them off in boxes or sacks but please remove the items as listed above. Please do not send or bring any spectacles in December or the first 2 weeks in January.

For more details of the project check out our website at [chilions.org.uk](http://chilions.org.uk) or please contact Chichester Lions on 0344 963 2443 or email [sight@chilions.org.uk](mailto:sight@chilions.org.uk)

**Lion Sue Boucher**  
**Chichester Lions Club**

### Lions passed to Higher Service

**Lion Girishbhai Rughani** of Lions Club of Sudbury on Thursday 24 October whilst on holiday in Brisbane, Australia.

**PDG Derek Knight** on 29 November.

## To help the environment



I would like to inform you that we have the **Environment Books** in stock now. It is a set of 3 books costing us £18.50. Price marked as £7.99 each book.

**1. Duffy's Lucky Escape!** – Book about the problems of plastic in our oceans.

**2. Nelson's Dangerous Dive** – Book about ghost fishing nets in our oceans.

**3. Marli's Tangled Tale** – Book about problems between humans and animals.

The importance of environment and the challenges we are facing is live, it is today, it is everywhere in the news.

These books are a great storyteller to the children who are our future. Through these books we are educating and promoting the importance of the environment. Schools are also part of our future, let's build a better future through the schools and the children.

This gives a great PR for Lions at the schools and gives us a great opportunity in engaging the local community.

A Lions Sticker is available on the book's header and also the 1st page is dedicated for Lions whereby the Lions club can write their club's name as:

*Donated by L C of .....*

Please get a sets of these books and contact your locals schools/libraries and donate them.

Happy to answer any questions you have.

**Lion Srik**  
**[srik123@gmail.com](mailto:srik123@gmail.com)**







# DG Kamal's Chronicle



I was humbled to be at the Harrow Council on November 11 for Remembrance Sunday, representing all Lions in 105A, 100 years to the day from the end of World War 1. I know many Lions were also involved with their local Remembrance events.

One of the highlights in the District calendar is the District Youth Celebration. It was held at Allum Hall Elstree which opens its doors to more than 500 disadvantaged children, young people and carers from all over our District. A wonderful activity with Lions working TOGETHER – well done to PDG Vijay and her team.



Clubs have been reporting their activities for Diabetes month. Please remember this is one of LCI's 5 global causes and DO Rohit Patel will be pleased to help with ideas throughout the year. The LCI Peace Poster is a great way for us as Lions encourage young people by using their artistic skills, to think about ways in which peace can be achieved. Congratulations to Noah Smith from Quinton Hall and Northwood Lions who sponsored our District winner

November has been and gone and the sight and sound of fireworks celebrating Bonfire Night and Diwali are just memories. Thank you to those Clubs who held successful events.

We look forward this month to the Christmas festive season. Our Lions' projects are many and diverse. No matter

how you choose to serve, Lions make a difference. More than ever, during the months of December and January, Lions are encouraged to get involved and help relieve hunger by providing food parcels and helping stock local foodbanks. It's also a time to provide gifts for children, families, and the elderly, bringing people from all walks of life for fun and fellowship – an afternoon or evening to remember that sometimes reality is just tough. Lions provide extra blankets, clothing, and basic toiletries to the homeless or those who cannot afford to heat their homes. The Lions Santa sleigh runs and Christmas grottos bring wonderment to the children and adults alike. We spend Christmas Day with the elderly and the lonely sometimes, even simple actions like stopping for a chat or taking someone shopping make such a difference. Please remember to keep warm and safe.



*At the Stevenage Charter Night*

Fellow Lions, please do support the Senior Citizen Party to be held on the 1st of March at Harrow Leisure Centre – please contact PDG Ken Rouse ASAP to book a table.

The DG Team visiting schedule is in full flow. The wonderful Lions we meet, the great Club stories we hear, and the variety of service in our District have truly amazed us. Charter anniversaries, Zone meetings and Club socials and official visits are shared between us. Lionism exists to help make this a better world. Our communities are better because we are helping, and we are better people for doing so. That is what Christmas is about – GIVING. The difference is that Lions give all year round. So, this Christmas reason let's give thanks for the love and support of our families' Thank you Lions for your service, your giving, and your heart.

Until next time – Take care of yourselves and each other and have a WONDERFUL CHRISTMAS AND NEW YEAR 2020.

**DG Kamal Sharma**



*LP Michael and DG Kamal*