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PRIDE OF LIONS



District 105A News | DG Sarbjit Assi

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Ealing Lions Fundraising Rang-e-Mehfil

Ealing Lions Club organised a successful musical evening on Saturday 1st June 2013, to raise funds for Great Ormond Street Hospital Children's Charity and the Royal Hospital for Neuro-disability. The venue, food and the music by live band "Bollywood Pandits" (compered by Sarita Sabhawal), was excellent. There were also interesting and appealing presentations by the representatives from the two charities.

In between the fascinating music, there were short interludes for collecting charity donations, sale of memorabilia and finally the Raffle draw. On the night, we managed to raise around £5,000 for these charities. Overall, it was an enjoyable and a memorable evening of entertainment much appreciated by our guests.

The photograph shows members of the Ealing Lions organising committee L/R Lions Mahanbir Kalsi, Pervinder Panesar, Karanjeet Assan, President Kamaljit Sood, Jasbir Dhanjal, Ranjit Mangat.

Lion Pervinder Singh Panesar (PRO).



Message in a Bottle – a life saver



Twelve year ago the Lions Clubs of Hillingdon introduced Message in a Bottle. At recent borough events it became obvious that some organisations and particularly the Emergency Services needed a reminder about the scheme. It was decided, therefore, to publicise and relaunch the scheme reminding everyone that it is still available and free.

Ruislip and Northwood Lions Clubs worked together and invited the Emergency Services, Hillingdon Council and Caring Organisations to the official relaunch in the Mayor's Parlour hosted by Councillor Michael Markham, the Mayor of Hillingdon 2012/13. Representatives of the three Emergency Services all thought what a worthwhile scheme it was and said they would be spreading the word to all their staff.

Lion Mac McArtney, Ruislip Lions

... NOTICE BOARD ...

For all 105A Lions...

Members will be interested to know that the District now has a Public Relations display stand and pop ups which reflect the new logo. This display can be borrowed by clubs with the approval of the GMT but it will be up to the club to collect and return to Park Royal London during normal working hours before it is lent out again.

These were designed by Leo Sadia Hammed with input from Lions Cheryl, Meena and Naresh Gupta. The District's thanks go to all involved for their hardwork.

IPDG Lion John Savell

LCI Purpose:

*To Organize,
charter and
supervise
service clubs to
be known as
Lions clubs.*



Lions Golf Day

Guests and 23 Lions enjoyed the Golf Day at the Chiltern Forest Golf Club on 5th June 2013. The weather was excellent. The course was very picturesque but challenging. All the golfers survived and enjoyed the drinks and the late lunch afterwards. DG Lion John Savell and DGE Lion Sarbjit with his lady Kuldip joined us for the lunch.

Thanks to Lion Johnson Wong for taking the photos, Lion Veni Vaghela for sorting the score cards and to Lion Derek Beazley – District Competition Officer. Lion Ramesh Parmar, organiser for the event, thanked the Lions Clubs of Abingdon, Bedford, Chipping Barnet, Edgware, Luton, St. Albans and Sudbury for participating in the event. Overall winner was Lion William Martin from LC of St. Albans - the club's name will be inscribed on the RAM JAGGI trophy. Runner Up was Lion Kirit Parmar from LC of Sudbury.

Team winners were LC of Edgware (Lion Jay Shah and Lion Rajeshver Patel) – the Club's name will be inscribed on the ELLIOT SHUBERT trophy. Longest drive was achieved by Lion Shabbir from LC of Edgware and Nearest to Pin was achieved by Lion Peter Codrai from LC of Luton. The Guest winner was Hasu Pattni. Three ladies who participated were also appreciated.

Lion Ramesh Parmar



Tring Lions 40th Anniversary Project



As Tring Lions Club was approaching its 40th anniversary of serving the community, the members wanted to do something that would have a lasting presence and be useful to the local community. The result was that Tring Lions agreed to sponsor a local community mini bus run by Community Action Dacorum. This three year sponsorship will see Tring Lions logo appearing on the bus and in due course it will be parked in Tring.

Activity Chairman Derek Grant said that working in partnership with another respected local organisation meant that everyone benefited and that once parking had been sorted out, it will provide a valuable asset to the people in Tring.

Lion Steve Mitchell

LIONEL THE TRAIN – looking for a new home

Leighton Buzzard Lions Club has for the past 26 years owned and used Lionel the Train. Lionel is a motorised 'Land Train' which has a Morris Minor engine and gearbox and back axle. It has a special chassis that was originally made for a dirt racing car but adapted to have a single front wheel. It is clad in a strong metal body fashioned to look like a train engine, complete with smokestack.

Lionel pulls a trailer equipped with upholstered waterproof (and kid proof) seats which can accommodate 12 children and some adults too. The trailer cleverly doubles as the transporter for Lionel to enable delivery to and from venues. Lionel has earned Leighton Buzzard Lions Club nearly £25,000 over the years and provided fantastic publicity for the club, not to mention enormous joy to countless children. The drivers were often told by a proud parents that they used to ride Lionel as children themselves.

Sadly our club members are now physically unable to provide the man power to adequately utilise the huge continuing potential for Lionel to earn club funds and do what he has been doing for decades. Thus, we are looking to

send Lionel to a new home. Ideally, another Lions Club where Lionel could continue his illustrious career under the stewardship of like minded individuals.

Leighton Buzzard Club members would, as required assist in making available their substantial experience and knowledge about running Lionel together with a lot of technical advice about his upkeep.

Please contact The Lionel Team in the first instance on 0844 414 4017 for details of how you can seize the opportunity to become a train driver!

Lion Penny Tregillus



96th International Convention in Hamburg



Airport welcome for the delegates



At the O2 arena in Hamburg



Getting ready for the Parade



DG with the Pharaohs



MD 105 at the Convention



The moment has arrived!



Presentation of the certificate



Evening celebrations



International President Barry Palmer taking the oath of office



DG Sarbjit's Story



Our International President Barry Palmer's theme is 'FOLLOW YOUR DREAM', so let's share the dream of a world without suffering. It is so true that "It all begins with a dream".

My dream started when I became a Lion in 1977. It has been a wonderful 36 years and what a journey it has been. Hopefully I will take you all along with me through this journey as your DG. First of all I would like to thank all my Lion Members for accepting the offices for 2013-2014, at club and District level.

As I was approaching Hamburg (travelling by car) for the International Convention with my wife Kuldip, we stopped in many cities along the way, but I was still eager and very much looking forward to meeting all the Lions from around the world for this very exciting start.

On 3rd July our 3 day schooling started promptly at 7.30am – I was one of 32 Lion members from different parts of the globe, and who have now become great new friends. Although the training was very intense, it was also enjoyable, and of course very educational. During the sessions, it was interesting to find that we all had similar stories to tell in terms of membership, retention and the general activities that we carry out. It was easy to recognise that our overall aims and objectives are the same. It was great to meet all the Lions from MD 105, and of course Lions from our District 105A. I am very grateful and thankful to all the members who were there to support me.

The MD105 Reception was very popular with the huge number of Lions attending, and I was very pleased that my daughter and two sons were also present at both the Reception and the Ceremony at the O2 arena in Hamburg.

The most wonderful experience is the time when all the District Governor Elects have their ribbons pulled off their badges by their spouses/partners – from that moment on, you officially become a District Governor. My ribbon had only just pulled off, and our IPDG John and Linda were the first to congratulate me – John wasted no time in putting the chain round my neck and said *"here you go Sarbjit, over to you now!"* I would like to thank John and Linda for the

support they have given us throughout the year and hope that it will continue.

I will be officially receiving the DG's chain at the District Handover on 21st July at Double Tree, Milton Keynes, and I would like to thank in advance, all my Fellow Lions who will be joining us on the day.

With this chain comes the responsibility of leading the District, but please remember that we can only achieve our dreams collectively as a team.

I will fulfil my duties to the best of my abilities, and take this opportunity to request you all to support me in working together as a TEAM. Let's start 'talking' as worrying changes nothing, but talking changes EVERYTHING.

As most of you already know, my motto for the year is "CARING & SHARING" and I will end by saying:

When life gives you a hundred reasons to cry, show life that you have a thousand reasons to smile, by "CARING AND SHARING" for the less fortunate than ourselves. Too often we underestimate the power of a touch, a smile, a kind word, or the smallest act of caring, all of which has the potential to turn a life around, and as LIONS we are always doing this by helping the needy in the best way we can.

DG Sarbjit Assi

My Diary July 2013

13th Handover Sudbury Lions Club
14th 30th Charter Lunch Letchworth & Baldock
14th Harpenden Club – Highland Gathering
17th OV London Acton Lions Club
21st District Handover at Milton Keynes
24th GLT/GMT Meeting

26th CoG Meeting Birmingham
27th CoG Meeting Birmingham
28th COG Meeting Birmingham

August 2013

1st Youth Exchange
11th 1st Cabinet Meeting
24th Goodwood Races Lions Day

OV = Official visit

DG Partner's Charity

District Governor's Partner's nominated charity for the year is **Alzheimer's**, and it was approved at the last Cabinet meeting in May. Please see info attached re the charity.

We're living longer. That means we're all facing a higher risk of one day developing dementia. It may be you. Or it may be someone in your family.

Dementia is caused by diseases of the brain. Symptoms can include memory loss, difficulties with thinking, reasoning or language, and sometimes changes in mood behaviour. But dementia affects everyone differently. Some things to look out for are:

- struggling to remember recent events or people's names
- finding it hard to follow conversations or TV programmes
- repeating yourself or losing the thread of what you're saying
- difficulty concentrating, thinking things through or following instructions
- feeling confused even when in a well-known place
- becoming unusually anxious, depressed or agitated

If you're worried that you, or someone close to you, may have dementia, it's important to talk about it. Talk to your family and friends. Talk to your GP. The more we talk about dementia, the more we'll know. And the more prepared we'll be to face it.

Welcome new Lions

London Central

LP Rudi Page and Zone A Chair Lion Abhnash with members of Lions Club of London Central welcomed a new member, **Lion Narinder Gill**, who was inducted by 1st VDGE Lion Ramesh Parmar at their Business Meeting on 6th June 2013.



Edgware

A new member, **Lion Baloo Amin**, was inducted at the LC of Edgware Business meeting on 4th June 2013.

DG(E) Lion Sarbjit was present at the meeting. Also present were PDG Lion Eric Amaria, PDG Lion Vijay Arora, ZC Lion Ravina Rattan, President of LC of Edgware Lion Roheet Mehta.

