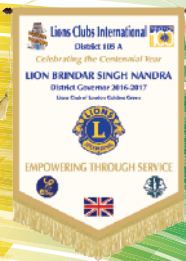




District 105A News

Pride of LIONS



DG Brindar Singh

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Waltham Forest Lions celebrate their Charter

Congratulations to all of you for receiving the Centennial Club Charter from Lions Club International!

We are all extremely proud today to have a club in Waltham Forest which shows great promise both in membership and service. It was indeed most enjoyable and conducted in a professional manner. The club recognised senior Lions and made presentations to civil dignitaries.

My personal thanks to you for allowing me to present the Charter along with the DG, a moment to be cherished always by me.

PDG Lion Meena Gupta



Charter night at Waltham Forest Club

Welcome new Lions



Inducting new Lions at LC of Wanstead and Woodford

LC of London Covent Garden Handover Ceremony

Many thanks to PDG Professor Elliot Shubert who installed Members as Officers for 2016-2017 for LC of Covent Garden at The Oxford and Cambridge Club, Pall Mall, London on 13th July.

All our members had an enjoyable evening with PDG Elliot and guests from London Chinatown, Lions Club's President Lion Andrew Ip and Lion Edwin Liu. We all had a wonderful time.

The 1st Club's meeting followed after the installation of Officers. LP Sabrina Ho confirmed that a Charity Walk fund raising event will be on Sunday 4th September 2016 at Green Park. Everyone is welcome to join us.

Lion Flora Man



Handover at LC Covent Garden

Lions of District 105A who have passed to higher service:

Lion Mohinder Singh Jaswal, a past District officer and Charter member of Southall Lions Club.

NOTICE BOARD

Lions Club of Fairlop have their annual Charity Walk and Fun Day on Sunday 18th September 2016 at Lea Valley Park, Windmill Lane, Pinder Car Park, Waltham Abbey, Essex. EN8 9AJ

Winter Forum 2016 will be held on Sunday, 16 October 2016 at the Holiday Inn, Elstree from 9 am to 2.30 pm. The cost is £20 per Lion. Contact: Prof PDG Elliot Shubert GLT Coordinator

Hemel Hempstead Lions Club 56th Charter Dinner on Saturday October 8th 2016 at Boxmoor Lodge, London Rd, Hemel Hempstead, Herts. HP1 2RA. 19.00 for 19.30. Mouth-watering Menu
Contact by email: harvestmead@ntlworld.com



LCI Purpose:

To promote the principles of good government and good citizenship.



DG Brindar's Bulletin



My Family of Lions

An exciting start to the month of August with the presentation of Charter to the newly formed Lions Club of Waltham Forest. And ending the month with a Fete, organised by Lions Club of Berkhamsted and a Family Fun day organised by Lions Club of Feltham and Whitton. Both the events are their annual events. I thank all the Lions for their warm welcome and hospitality.

This month was also marked by sadness in my family due to the death of my brother-in-law, Kamal Bhachoo. He is dearly missed by us all.

The District Golf day is on the 9th September at the Stanmore Golf club. Judging from the response so far, it is the largest number of participants. Competition is likely to be intense.

Our Cabinet meeting is on Sunday, the 9th of October. This is the first of the two meetings with partners. Partners are invited by my wife Balbir to attend and enjoy the fellowship. A visit to RAF museum in Hendon is planned for the first half day, returning to the hotel for lunch. This will be followed, for about half an hour, by a presentation on Balbir's chosen charity – Admiral Nurses.



At the Waltham Forest Charter Night

Winter Forum is scheduled for Sunday the 16th October, to be held at the Holiday Inn Elstree. There will be an opportunity to hear from the current VDGs and future candidate for the position of 2nd VDG. Please book early. Full programmes have already been sent to all the clubs.

DG Spouse, Balbir's chosen charity:



Admiral Nurses

Dementia UK offers specialist one-to-one support and expert advice for families living with dementia through our renowned Admiral Nurses, who work collaboratively with families, helping them cope with the fear, uncertainty and difficult everyday reality of dementia.

Admiral Nurses are at the forefront of dementia care and all have significant clinical experience of working with people diagnosed with dementia. Admiral Nurses support families living with the effects of dementia across the UK.

What does an Admiral Nurse do?

They:

- Work with both the person living with dementia and their family

- Focus on the needs of the family, including psychological support and relationship centred work to help them understand and deal with their feelings and learn different coping strategies
- Help families better understand dementia and use a range of specialist clinical interventions that help people live well with the condition, and develop skills to improve communication and maintain relationships
- Help families cope with feelings of loss and bereavement as dementia progresses
- Provide advice on referrals to other appropriate services and liaise with other health and social care professionals on behalf of the family
- Provide consultancy and specialist dementia education to professionals to improve dementia care in a variety of care settings

Living with dementia can be an incredibly hard and lonely experience for both the person with dementia and their family. Admiral Nurses provide the compassionate, expert support families need every step of the way – helping everyone in the family to live more positively with dementia in the present; and to face the challenges of tomorrow with more confidence, and less fear.

Working in partnership with the NHS, care homes, local authorities and other organisations, Dementia UK promotes and develops Admiral Nursing.

We believe passionately that everyone who needs the support of an Admiral Nurse should get one – that's why we're working hard to increase the number of Admiral Nurses across the UK.

To help us, or to get support, visit www.dementiauk.org.

DG Lion Brindar

Appeal for DENTAID

I am your Dentaaid officer for 2016-17. I want to help fulfil your wishes to deliver useful charity to those in need. I am focusing on dental equipment for Africa.

Dentists in the UK renew their ever improving dental services equipment. Their old equipment has to be discarded. This still very high quality equipment can be used to tremendous advantage in Africa.

I want your help. You have either many dentists in your club or you know the local dentists. Please do contact them to seek their surplus equipment that not of much use to them. We will then make arrangements to pick it up and send it to deserving people who can usefully use it.

The entire process of delivering such equipment is long and arduous. But it can be done seamlessly if we plan well. The target shipping date is last Friday of February 2017.

Please contact me at my email below for any further information.

Lion Kamaljit S. Sood, Dentaaid Officer
Email: ksood@wpcpress.com