



Pride of LIONS



District 105A News

DG Meena Gupta

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Hemel Lions donate nursing equipment and funds

The Hemel Hempstead Lions Club is providing Rennie Grove Hospice Care with eight blood sugar monitors, which are essential pieces of kit that their Home nurses need to monitor and assess a patient's condition. The Hospice has benefited from a further £500 donation, towards its 24/7 responsive service in patients' homes.

Director of Nursing / Clinical Services, Sue Varvel, explained: "A blood glucose monitor is a crucial tool to identify elevated blood sugar levels. Detected early, this can be easily resolved, but without intervention it could result in organ damage, dehydration and could even prove fatal. A blood glucose monitor could prove to be a life-saver, especially for patients taking high-dose steroid medication who are at greater risk of raised blood sugar levels.

Lion Barbara Daniels, fundraising chair, and Rennie Grove representative Akila along with Rennie Bear and Roary met at the bookshop to complete the presentation.



Lion Terry Allen At the hospice

Rain did not stop play...

The heavy rainfall did not stop the smiling hosts of Chipping Barnet and Mill Hill Lions welcoming 55 committed golfers to their 10th Annual Charity Golf Challenge, held at Abridge Golf & Country Club. After a hearty English breakfast and



a hot cuppa all our men and women players were ready to do battle. With full golfing wet wear on and oft they went after our photographer Lion Pravin Soni had captured them on his camera. At half way house they enjoyed delicious food with the compliments of our honorary caterer Ragasaan. The whisky goblet from St Andrews, as part of our goody bag for the participants warmed many a heart. All the golfers returned happy having enjoyed the last 9 holes without rain and even a little bit of sunshine. A hot shower and they all turned up for the wine reception followed by a nice meal.

The winners of the trophies so kindly sponsored by our generous Past Governor were presented by DG Lion Meena Gupta and her husband Lion Naresh Gupta who travelled long to be with us. The diners

were disappointed to note that no golfer won the sparkling new Mercedes prize, for a hole in one! Short speech by Mill Hill President Lion Shirish Sheth on behalf of himself and Chipping Barnet President Lion Kumar Acharya was followed by prize giving.

We will raise few thousand pounds. The funds will be donated for the Blind Veterans UK and for the disadvantaged people in Nairobi, Kenya to have eye cataract operations at the Lions Eye hospital in Nairobi.

My heartfelt thanks to our sponsors, volunteers, golfers and my super team of Lions Dilip Shah, Sanjay Shah and Manish Chotai who did all the hard work.

CBMH 😊

PDG Parveen Verma (Chairman)

NOTICE BOARD

Something new...

The Lions PR Team have launched a forum so that all Lions Club members can talk to one another and only members can join. Is there a question that you would like to ask, for example, of your District or the Multiple District. Maybe you have something to share with other members outside of your own District, or find new ways of fundraising.

Come and join us, it is open for each and every one of you. Please take a moment to register and then log in to <http://lionsclubs.co/forum/>



LCI Purpose:

To coordinate the activities and standardise the administration of Lions clubs.

A Classic Car show

Milton Keynes Stony Stratford Lions Club held their inaugural Aston Martin and Classic Car Show on Thursday 19th May in the grounds of Milton Keynes Museum.

Twelve Astons, all in pristine condition were shown, ranging from convertibles to the latest Vantage S and V12 Vantage models. The enthusiasm and knowledge of all the owners made it special.

Amongst the forty or so other classic cars was a rare Renault Avantime, Triumph Stag convertible and a new Corvette Sports. Several MGB's and a Morgan 3 wheeler were also exhibited. Two beautifully restored Morris vans caught the eye of visitors.

Stony Stratford Lions were very pleased with the response to the show and are planning more shows on the following dates: 16th June, 21st July and 18th August. The help we received from museum staff is gratefully acknowledged.

For further details please ring Mark Rolfe on 07538742980 or go to the website www.facebook.com/motorsatthemuseum.

Lion Christopher Coolen



Aston Martins on show.

Zone B Lions promote Message in a Bottle

Sixteen years after launching the Message in a Bottle project in the London Borough of Redbridge, Zone B Lions are ensuring the simple scheme is kept in the public eye. In a newly developed 50% funding partnership via the local Hospitals Trust the containers are on prominent display at our local King George Hospital. Zone Lions spent three days promoting awareness and explaining the scheme to visitors and patients.

Zone Chair Lion Doreen



Spotting Lions...

Returning from Cape Town to Southampton on a cruise, it seemed customary for organisations such as the Masons and Roundtable to hold meetings during the cruise. But I was delighted to see in the ship's daily newsletter a gathering of members of 'International Lions Club' - how refreshing!

I was made very welcome by a number of Lions from New Zealand as well as the UK, who had met regularly during the world cruise. Over morning coffee we exchanged information, shared experiences and had a general chat about Lions.

Perhaps other Lions should consider such meetings if taking a trip.

Lion Bill Russell, Lions Club of Abingdon



A Lion's meeting on the cruise.

CCC Geoff and Lion May Leeder pictured just before entering Buckingham Palace for the Barnardo's 105th Anniversary Royal Garden Party on 12 May, in the presence of TRH The Duchess of Cornwall (President of Barnardo's), Princess Alexandra, the Hon. Lady Ogilvy and the Duchess of Gloucester.

With the exception of some gusty winds the weather was fine and Lion May was able to get her favourite food... ice cream! They were fortunate to have been invited to the Diplomatic Tea Tent where they were seated with the sister-in-law of Javed Khan, the Chief Executive Officer of Barnardo's. As a British Pakistani, Javed is the first non white CEO in Barnardo's 150 year history.



Lions at Buckingham Palace

From the Editor

This is the last issue for this Lionistic year. Looking through the past 12 issues, one cannot but wonder how we all, as Lions, find time and energy to do all the service activities and fundraising events, particularly in the 21st Century. Yet we all do, and it enhances our belief in our motto "We Serve".

I would like to thank DG Meena for all her support during the year. She has made 400 visits in the last 3 years. Despite that heavy workload, she been very helpful and always with a smile on her face.

I am sure all 105A Lions will wish her a well deserved rest.

Lion Shirish Sheth



Wanstead Lions Vaisakhi Celebrations

The annual Vaisakhi Fundraising function was held on 16th April, with Madam Mayor of Redbridge as Chief Guest. We had more than 270 guests and artists. The highlight of the evening, was the performance by the world famous Jugnu Bhangra Group from Gravesend who performed for free.

The club raises funds for Children's eye operations in India. Locally the club raises funds for local Youth Football Club with their kit, Message in a Bottle, Annual Senior Citizen's Party and Annual Easter Egg Race for deprived Children. Our Club has made donations to Alzheimer's Society, Farm Animal welfare fund, Allan with No Hands, and many other Charities.

The picture shows Mr Jag Bansal being presented with an Appreciation Certificate for his £1,700 donation for sponsoring 10 children's life changing eye operations in India. Operations will take place in November.

Lion Harvinder Virdee, President

Visits to Clubs

LC of Covent Garden

Many Thanks to the members of Lion Club Of London Covent Gardens for their hospitality during my official visit on 11th of May. I got the opportunity to induct a new member Cleverly and present 10 year Member Chevron to ZC Monita and 15 year Member Chevron to Lion Rowena. Such a pleasure to be with a great group of ladies, now looking to induct male members! Well done to all of you and look forward to celebrating your 19 years on the 12 June.



LC of Banbury

Charter season continues. Naresh and I were with Lions Club of Banbury celebrating their 47 Charter Anniversary with a difference! Guests and Lions enjoyed the races, food and company in what was one of the largest Rugby Centres in the area.

Naresh was chuffed to have received the flower bouquet for the first time on a Charter as District Governor's spouse, and rightly so. Banbury Lions are off to France to celebrate their 30th Anniversary with Twinned Club Montdidier Lions.

It is always good to try something new. Sometimes it works sometimes not! It was certainly executed well last night so well done Lions of Banbury and keep up the good work!

DG Meena



Welcome new Lions

Lion Mark Harrison – Lions Club of Aylesbury
Lion Mick Bavister – Lions Club of Blethchley Milton Keynes
Lion Jagdish Raithatha – Lions Club of London Kingsbury
Lion Jackie Lack – Lions Club of Ruislip
Lion Caroline Berkley – Lions Club of Stevenage Corey's Mill
Lion Jayanti Patel – Lions Club of Greenford Willow Tree
Lion Kavita Gulati – Lions Club of Kenton
Lion Janiway Montinola – Lions Club of Kenton
Lion Maureen Pantino – Lions Club of Kenton
Lion Theresa Raeburn – Lions Club of Kenton
Lion Joy A. Rey – Lions Club of Kenton
Lion Jonalynda van Schalkwyk – Lions Club of Kenton
Lion Ayn Chatoo – Lions Club of Kingsbury
Lion Alessandra Guidi – Lions Club of Milton Keynes Central
Lion Caroline Bronne-Shanbury – Lions Club of Ruislip

Lions of District 105 A who have passed to higher service:

Lion Lalit Khanna - Lions Club of LONDON HOST
 Lion Narendrasinh Rathod - Lions Club of SOUTHALL
 Lion Jane Ann Clark - Lions Club of BIGGLESWADE-SANDY



DG Meena's Message



Dear Fellow Lions.

I embarked on this journey in March 2013 when I was elected as the 2nd VDG, to then become a DG at Hawaii International Convention in June 2015. These three years have been eventful, dynamic and challenging! Yes, I think, I had a great 2015-2016 as you District Governor, and I shall look back at it with great fondness.

In the POL July 2015 issue I wrote about my Vision for the District. I shall conclude my year with the same.

Membership – My vision was to put in place processes which would attract and improve the flow of membership into Lions. Membership Symposium was held early in the year and many benefited from the various presentations. At the time of writing this piece we have inducted 126 new members and dropped 120 giving us a net increase of 6. Membership stand today at 1495. However, we have to see how June goes! Dedicated Lions are working on the development of 2 Club Branches and a new club in Zone B. To date we have successfully formed Neasden Club Branch of Kenton, a community based club with members from the Philippines.

Leadership – Global Leadership Team has worked well together. Incoming Officer Seminar, Winter Forum, Certified Guiding Lions, Visits and Orientation are some of the very successful programs held. For Regional Training, the Leadership team awaits Zone Chairs to respond. Four members from our District got the opportunity to attend Senior Lions Institute.

Communication – The team put in immense amount of work on the Strategy for our District. District Face Book Page has been one of its major success stories. Clubs have sent regular posts and District Officers have used it well to publicise their activities. The constant message to clubs on the merits of communications has certainly proved beneficial. Many clubs have started their own Face Book page and Website and appreciate their merits. Clubs are holding effective PR and membership drives as they go hand in hand and this process must continue...

Youth Projects in Schools – This message was received very positively by Clubs. Zone H with its School Quiz Competition is a great example. Hopefully this can be rolled out in all Zones.

District Youth and Senior Citizen Celebrations were both held successfully with full support from all the clubs. The Convention in March saw record attendance over the three days and was well appreciated by one and all. Saturday business session and the social events were extremely well executed under the able leadership of the Convention Officer and his team and for producing an excellent Convention Booklet! All the youth projects were held and I am pleased to inform that our Music Competition entry has reached the

European final to be held at the Europa Forum in Sofia this October.

The District Administration progressed very well without any hiccups. By the end of the year I would have distributed all the Member Service Chevrons and various Awards I have received from LCI, for clubs and members. Thanks for the wonderful support from the cabinet and I look forward to working with them in the future.

This year Redistricting in our Multiple District and Charities Incorporated Organisation status took a lot of our time as Council. Much has been spoken and written about both these issues which are ongoing.

Fellow Lions in these 3 years I have made over 400 visits, to Clubs, Charters, Handovers, Inductions, Conventions both National and International, Council of Governors Meetings, GMT/GLT summits, all kinds of training and Cabinet Meetings. I do not think I missed anything!

I would like to thank the clubs and Zones for their warm welcome and hospitality extended to both Naresh and me. We have made many good friends all over the District and overseas and shall treasure their friendship always. Thanks to the clubs who have so generously donated towards Naresh's Charity 'Compassion in World Farming' appeal.

I would like to thank my husband Naresh for being a pillar of strength without whose presence I could not have achieved much, my mentors for all their wisdom, and my club Osterley, without their support I would not be here today.

With this I wish the Incoming District Governor and Balbir an enjoyable trip to International Convention in Japan and a successful 2016-2017 Centenary year. I look forward to the District Handover on the 17th of July at the same hotel we had our Convention. I will be handing over the reins to the capable hands of District Governor Elect Lion Brindar. So please book this date in your diary!

Your District Governor for 2015-2016 Signing Off.

Lion Meena Gupta

My Diary June 2016

4th – LC of St Alban's 50th Charter Night
 5th – LC of Park Royal - Charter Night
 8th – LC of Chipping Barnet - OV
 9th – Meeting Visiting Lion from Nepal
 10th – Orientation Brentford Club Branch of Osterley
 10th – LC of Osterley - Business Meeting
 11th – LC of Abingdon Charter
 12th – LC of Thame - Charter Lunch
 12th – Incoming DG's Garden Party
 14th – LC of Hornsey - OV/Handover
 17th – LC of Witney - Charter Night
 18th – LC of Sudbury - Charter Night
 25th – LC of Barking - Charter Night
 26th – LC of Finchley - Charter/Handover
 29th – LC of Southall - Handover
 30th – Commemoration Event - Westminster Abbey
 OV = Official visit