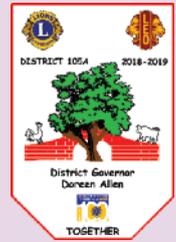




Issue 9 • March 2019
District 105A News

PRIDE OF Lions

DG Doreen Allen



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CONVENTION ISSUE

In the spirit of We Serve... A Fab Party

The 19th Senior Citizen Celebrations pictures flooded Facebook once again this year with comments. We Lions Roared with our Motto WE SERVE. "A fab party... A very enjoyable afternoon... Thank you, do not forget to invite us next year..." and with many many more appreciative and encouraging comments!

On a beautiful Sunday afternoon, 10 February, it was a pleasure to see a full house at the 19th Senior Citizens Celebration on at Byron Hall, Harrow Leisure Centre. There were 770 guests together with an additional 200 plus people comprising carers, Lions and volunteers.

A number of young volunteers arrived at 8 am to add to the core of committee members. The hall was ready for the party by 11.30am. Eighty tables were immaculately decorated with table cloth, balloons, and glitter to make this an event in honour of our senior citizens to enjoy and remember. Tables were arranged in different colour zones – red, blue, green and yellow, so guests could quickly identify the seating arrangements.

Guests began arriving at 1 and 1.45pm but one lady broke all records by arriving at 10.30am! Jay Kumar, Recollections and Nutty provided the entertainment. Our guests enjoyed the raffle, and bingo. With delicious snacks it made our "young" party goer's day full of fun and laughter.

A big thank you to the committee who worked tirelessly to ensure a very smooth event without any hitches. Our thanks also to the 47 Clubs in the District who supported the function.

The committee comprises: Ken Rouse, Manish Chotai, Margaret Rouse, Naresh Gupta, Jane Codrai, Amar Obhie, Dilip Shah, Alastair Joel, Veena Sharma, Peter Codrai, Meena Gupta, Lesley Spence, Minesh Mehta, Alf Sanders, Doreen Allen, Tony Hurley, Mukesh Palan, Andrew Allen, Parveen Verma (Chairman)

Finally a letter received says it all... "Thank you for our invite to the 19th Lions Club Pensioners Party. John Shorttall and myself had a great time. Helpers marvelous but the party goes Wow! Really good to see all enjoying themselves. dancing, music, food, Happiness abound. Really lifted my spirits. Look forward to next year. Thank you again." J West from Royal Hospital Chelsea.

PDG Parveen Verma would like to thank everyone involved in our District's biggest service activity and may it long continue.



Entertainment at the celebration



Chelsea pensioners celebrating

Lion Naresh Gupta

NOTICE BOARD

Mill Hill & Chipping Barnet Lions' 12th Golf Challenge at Hartsbourne Golf & Country Club, Bushey Heath, Herts on Thursday 16th May 2019. £80 per person. Contact Lions Parveen Verma 020 8903 0309, Sanjay Shah 020 8952 5252, Dilip Shah 07718 210001 or Manish Chotai 07970 000762.

We are organising a **Sponsored Walk at Rickmansworth Aquadrome, Herts. WD3 1NB, in aid of LCIF** on Sunday **28 April** to coincide with World Immunization Week (23-29 April). We need help from all the Lions Clubs. All the funds raised will be eligible for Melvin Jones Fellowship. Please contact Lion Vijay Arora on victory801@hotmail.com



Beyond the Horizon

LCI Purposes:

To Organize, charter and supervise service clubs to be known as Lions clubs.

Building Noah's Ark



Lions Club of Enfield has donated £50,000 towards building the Noah's Ark Children's Hospice and I was delighted to see the Ark springing up from this wonderful Barnet location. I am told it will be ready for occupation by July this year.

Our donation will help towards the cost of Therapy Room. Noah's Ark has chosen this great site in the nature reserve to build a facility that will bring hope and solace to growing number of families, experiencing some of the most challenging life situations. There is no such facility in many of the North London boroughs including Barnet, Haringey, Islington, Enfield, Edmonton and Hertsmere.

Young people bring joy and hope, and the work undertaken by Noah's Ark recognizes this, alongside the difficulties of giving real support in tough circumstances. We sincerely hope that this new building will attract the attention, not just of those families with direct experience, but also of the wider community. It's crucial that we all understand how important this work is, and appreciate how hard life is with a seriously unwell family member, unlikely to reach the age that most of us would take for granted. The engagement undertaken, to build a purposeful, practical and attractive venue, ensures this space will be appreciated and celebrated.

There are over 1,200 babies, children and young people with life-threatening or life-limiting conditions in our area and this Hospice will provide specialised support for them and their families. The Ark will offer a range of children's palliative care services including: Sensory, music and wet play rooms, Sensory gardens and surroundings, Drop-in facility for families to come and meet, relax and use dedicated facilities, Hosting Noah's Ark Children's groups, Family Activity Days, Bereavement Parent groups and counselling, overnight stays for children and families to enable earlier discharge from hospital, care after death, including 24 hour family access to their child's body in dedicated bereavement suites.

IPP Lion Dr Mukund Patel

Welcome new Lions

Welcome to our new members... I look forward to personally meeting you soon, at an event, a visit or a Charter.



Amrik Phull	Chipping Barnet
Nila Solanki	Chipping Barnet
Manjari Vargivane	Greenford Willow Tree
Dr. Krishna Datta	London Central Host
Anjana Gupta	Osterley
Pushpinder Chauhan	Wanstead & Woodford
Nirmal Sagu	Wanstead & Woodford
Ranjith Perera	Watford
Julie Surplice	Witney

With a special thank you to their sponsors.

CHILDHOOD CANCER PROJECTS:

Little Big Heroes

Members of Wanstead and Woodford Lions Club (CIO) and Redbridge Centennial Lions Club (CIO) worked together to organise an event for seven families with children suffering from Cancer. Each child is suffering from childhood cancer and are at various stages of treatment. They are all receiving chemo therapy. All the children were given a gift bag with a Lion to remind them of Lions and other goodies. The group included 16 adults and 16 children in total.

The project was called **Little Big Heroes**. On one hand it recognises the bravery and resilience of these children and on the other hand it has given an opportunity for families to come together to share their experience with each other and to have a quality time together and be happy. Parents welcomed the invitation and thanked the two clubs.

The two Lions club have decided to work closely together on this project to highlight that clubs can work together and achieve more by joining in for the common cause.

Lion Havinder Virdee



Helping Together

Valentine's Day was made a little special for children at Jack's Place Northwick Park. The power of "WE" made a difference as **Lions Clubs Belmont, Kingsbury, Kenton, Edgware, Hendon, Golders Green and Wembley** made donations to purchase activity books and craft stationery. This means that children will be able to have fun and be creative during their stay in hospital. Two Lions made personal donations so more items could be bought. The nurses and children want to say a big thank you to these clubs. You bought a smile to these brave children.

The picture shows the wonderful nurses and items given.

Lion Rita Tanda



Every Life Has A Purpose



IPP Lion Iqbal Abdeali, Rachel Joseph (ELHAP),
Lion President Amarjit Soora

Fairlop Lions Club hold a Charity Walk every year to raise funds for the President's charity, and this year we raised over £12,000 with sponsorship, donations and proceeds of raffle.

The President's chosen charity this year is ELHAP (Every Life has a Purpose). ELHAP is an adventure playground in South Woodford – the only one of its kind in the South East of England and covers 5½ acres of enclosed woodland, providing services and facilities since 1976 to disabled children and young adults. The service they provide enriches the lives of these children. It gives opportunities to those who would otherwise probably never have the chance or experience of outdoor life that so many of us take for granted, as well as providing some much needed respite for parents and carers.

We were very pleased to present them with a cheque for £6,000 being the balance towards their much needed minibus! Their current minibus has done nearly 20 years' service and unfortunately is not reliable. The new minibus will make a great difference to all the users of the Centre, as well as the staff, parents and carers. May they continue to enjoy their trips and excursions!

Lion Oana Simina

Tring Lions hear of a success

Back in 2013 Tring Lions made a donation to Tring Tornados Youth Football Club. At the time they were looking to start up a Netball section as there were 40 girls wanting to play. Moving on 5 years, there are now 150 girls involved ranging in age from 8 to 16.

Tring Tornados are a community club and to meet demand for girls to play football, they have recently appointed a coach to develop the teams. At an open day, 55 girls turned up wanting to play. As a result, there are now almost forty girls actively involved in the sport.



The football Coach and three young footballers came to our business meeting and presented Lion Penny with a group photograph as a thank you for our support.

Lion Steve Mitchell

From the IPDG

When I stepped down as the District Governor I thought my responsibilities as the DG were complete and I could sit back and relax. What came as a surprise was 2018 ended and I didn't know when. As IPDG I continued attending and meeting my fellow Lions at their various fund raising events, charter night celebrations, and handovers. I had a very busy year but I guess a Lion never rests.

I had the opportunity of meeting Lions from Vienna and the twinning ceremony was very eventful. I chaired the new District 105CW Convention where the members from Districts 105M, 105W and 105E came together to decide on how the new district would be governed.

In December I attended my first ISAAME Forum, held in Dubai. It was different from the International and Europa Conventions but nevertheless interesting. It is always a pleasure to hear from fellow Lions and to support them with their activities and like any other family we are a family of Lions.

I wish DG Doreen a successful Convention and as always will be there to offer my support. I believe she has had a very busy yet fulfilling year herself.

IPDG Abhnash Bains



IPDG Abhnash with Lion Salim Moussan (standing as International 3rd VP) with the Lions from Pakistan at the 46th ISAAME 2018.

Lions at the Theatre

Lions Barbara and Terry attended the Herts Inclusive Theatre's production of Cinderella on 9th February. The young people put on a really good performance ably assisted by their dance and acting tutors.

They were delighted to be invited 'on stage' to present a cheque for £500 to help the company continue with their great work.

Lion Terry Allen





DG Doreen's Dialogue



My Fellow Lions

This is our March Convention issue and hopefully you attended and enjoyed the sessions. Thank you all for your support on the day.

When Lions meet TOGETHER it's always a great place to learn about other clubs and exchange ideas for new service projects. Service is always easier with more members to help. But remember, once you have new members, you must get them involved to nurture them. Orientation for new members is a great way to start, and orientation can re-energise the established Lions as well.

The District Governor Team – Kamal, Alastair and myself – have thoroughly enjoyed the hospitality of the Clubs and Zones visited to date. The visits have allowed us to establish or renew our friendships with you and to increase our knowledge and understanding of Club and their projects. It also enables us to establish areas where Clubs might need – or want – support from District specialist Officers. Remember there is a team of people at your disposal to help with Membership, Leadership and Service. During our visits, we have found some innovative projects which we also share on visits around our District.

As you know, retention of current members is one of the key objectives in our District and across the entire Lions family. There really is no point recruiting new members – which we in this District do really well – if we are losing members in the process. A total of 82 new members gained so far this year but we have also lost 69! Let's all work on keeping our members happy and motivated.

PID Elisabeth Haderer, our Convention Keynote speaker was appointed New Voices Area Leader by our International President Gudrun Yngvadottir. LCI is a diverse organisation with women and men equally serving the community, taking on leadership roles and participating in Lions projects. Surely that must be the ultimate goal for recruiting members. Do you know the percentage of women in our District membership is just 26%? The power lies in diversity, not women in the background but TOGETHER... leading TOGETHER... the young and old... the inexperienced and experienced. Is there someone you know who would benefit by being a Lion, to be given the opportunity to help

others, to meet new people and to use their talents for the betterment of others?

Advance warning... Look out for information coming soon about two exciting initiatives –Environment Books and Vision Screening for children.

Our MD Convention is in The Brangwyn Hall Swansea 3rd - 5th May 2019. Bookings are open now.

Thinking ahead to World Earth Day 22nd April and Environment Day 5th June... Our environment does need some help. Let's recycle as much as possible, especially paper, plastics and glass because if we all do our bit, we can make a difference and help keep our communities more pleasant places to live. Help clean up your own community by inviting your Club Members, other Clubs, friends on social media and local schools for a Community Litter Pick. If all 68 clubs got involved a few hours could make a whole difference to our environment. A superb PR exercise as well as a great service activity. If we all do a little TOGETHER more can be achieved!

Do you need my help with anything? I am visible around District or at the end of the phone, text or email.

In conclusion, I thank you all for your continuing support and look forward to working TOGETHER with you in serving our communities in 105A... and always remember to have fun while doing it!

DG Doreen

My Diary March 2019

1-3 District 105A Convention	17 Zone C Swimming Gala
5 Bletchley MK O/V	17 CoGs Online
6 Aylesbury O/V	19 Fairlop Leos
8 ELHAP visit	20 Belmont O/V
9 High Wycombe C/A	22 Marie Curie Collection
11 DG team meeting	23 Stony Stratford Charter
12 UN Day London	25 Zone D meeting
13 Royston O/V	25 Leo LCIF Project Night
14 Leo Project meeting	28 GMT meeting
15 Visually impaired meeting	30 Southall Charter
16 Harpenden Charter	

Ruislip Lions sprinkle a little Christmas cheer

Christmas is a time of joy, giving and happiness for all... or is it? There are many vulnerable, lonely and homeless individuals and families who do not have that same anticipation for Christmas that we all share. Ruislip Lions are committed to giving service to the community during the Christmas season; this may be in the form of our regular monthly Carers Café, the weekly Young Carers group, Film Night, Christmas Food Hampers (courtesy of Fassnidge Trust) and our growing support for the Uxbridge Food Bank.

This Christmas, Ruislip Lions 'stand out' service activities have been the Food Hampers for vulnerable members of the community, and working with Pastor Vine Daniels and his bands of enthusiastic volunteers at the Hillingdon Food Bank. The Pastor manages the coordination of the donated food, toiletries and toys given so generously by the community. He has been



amazed at the huge amount of donations from local churches and supermarkets and the support from Ruislip Lions. Lion Fred, Lion Ian and his wife, LP Phyllis and Lion Lynne were among the volunteers.

Donations were not just baked beans (a popular donation) – but tins of meat, fish, vegetables, fruit, pasta, cereals, long-life milk and jam that make a real difference to the healthy diet of the families that use a Food Bank. A real treat was the many sweets and chocolate. One anonymous couple filled a trolley at

local supermarket with food worth £300! At a time when we read so much negative press about how uncaring society is in the mid 2000s, there are still big hearted people who find joy in giving without recognition and often seek to volunteer through Lions.

Lion Lynne Kaufmann