



Issue 3 • September 2019

District 105A News

# Pride of LIONS

DG Kamal Sharma



[www.lions105a.org.uk](http://www.lions105a.org.uk)  
[info@lions105a.org.uk](mailto:info@lions105a.org.uk)

## Lions feeding children

**Lions Clubs of CHIPPING BARNET and MILL HILL** have raised a substantial amount from the 12th Golf Challenge in 2019. The tournament was supported by Star Tours of Wembley. Lions have chosen **Akshaya Patra Foundation**, as one of the recipients from the funds raised.

The Akshaya Patra Foundation have received a Global award as the world's largest NGO run school meals programme. It is an Indian charity, already well established in India, feeding 1.8 million children school meals every day. They have served 3 billion meals to date, with contributions from donors and the Indian government.

LC of Mill Hill and Chipping Barnet were keen to support this charity's latest project which is to serve nutritious food to school children in London who do not get a proper and healthy meal during summer holidays. The food is prepared in the charity's own kitchens in Holborn. 15,000 meals have been served to children in London this year. They also serve meals to the homeless in a couple of London boroughs.

The Borough of Harrow's Mayor, the Worshipful Councillor Nitin Parekh has chosen Akshaya Patra for his mayoral year's charity appeal. We agreed to donate £3,000 towards the feeding

programme for UK. The Mayor kindly arranged the presentation of the cheque in the Mayor's Parlour. The CEO of the Charity Mr Bhavani Singh Shekhawat attended, as well as Lions from the 2 Clubs.

Lion Parveen Verma gave a brief history of LCI and the service activities that Lions do in UK as well as overseas. LP Jaman Koria thanked the Mayor and all the attendees on behalf of both Clubs.

We left very inspired to support this charity's wonderful work. We thanked the Mayor for his hospitality and his offer to host any such meetings in his parlour.

**Lion Parveen Verma**



## ..... NOTICE BOARD .....

**The Young Ambassador of the 21st Century** – Our District is again looking for those incredible young people who are already contributing to their community. The Young Ambassador competition is one of the most popular Youth activities with youngsters between 15 – under 19 years of age by June 2020. The competition gives them an opportunity to win a bursary for the community project which they have been undertaking. For further information, please contact: Lion Lesley Spence.  
Email: [lesley@harrowandpinnerlions.org.uk](mailto:lesley@harrowandpinnerlions.org.uk)



**LCI Purposes:**  
*To Unite the clubs in the bonds of friendship, good fellowship and mutual understanding.*

# Global Action Team

**PDG Surinder (Max) Mongia** has been appointed by the International President Kajit "KJ" Habanananda to the 2019-20 Global Action Team (GAT), serving as GAT Area Leader for Constitutional Area 4 supporting GLT, GMT and GST teams. These areas include MD105 (British Isles), MD110 (Netherlands), MD118 (Turkey), Districts 128 (Israel), 133 (Ireland), Undistricted Andorra and Gibraltar.



Launched only three years ago, the GAT has already proven to be a powerful platform for Lions – connecting Clubs and

Districts to vital resources and tools designed to improve their service. This year the operational platform and structure for GAT has changed.

GAT is now one unified team moving toward one goal – serving as many urgent needs as possible by promoting action at the district and club level.

The Clubs and Districts are the gears that move our organization forward – with district goals directly fueling those gears. GAT will play a key role in empowering Districts to reach and surpass their goals. GAT will encourage ACTION to move the gears of service in support of our global communities.



## Youth Exchange 2019

Three young people from Germany, Indonesia and Norway received a warm reception from District 105A. Club members showed their big hearts by having them stay in their homes and inviting them for lunch and dinner.

Also, they were shown the sights of London that included Windsor Castle, cruising on the River Thames, visits to museums and exhibitions, a trip to Warner Brothers studios on the making of Harry Potter film. Plus, they took part in a service activity of feeding the homeless in Central London. Let's not overlook the pub visits and the night life in London.

On 4th August a Farewell Dinner took place and it was an opportunity to thank both the host families and clubs involved in this programme. Everyone had a good time. Especially as the young people made a presentation on their country, their reason for taking part in the youth exchange programme and their experience and how it had benefited them.

Overall, the success of this programme was measured by the good memories the young people will take home of their time with use.

If anyone would like further information on hosting a Youth for next year's programme please contact District Youth Exchange Officer 105A Lion Ashwin Malkan.

**Lion Rita Tanda**



## District Peace Poster Contest

The 2019-20 Peace Poster Contest theme is **"Journey of Peace"**.

Mother Theresa said *"Peace begins with a smile"*. Since peace comes in many different forms, perhaps peace isn't a destination or end result, but the journey itself. Mahatma Gandhi once said *"There is no path to peace. Peace is the path."* The dictionary defines peace as a noun, suggesting that it is something attainable, but in attaining peace we are attaining a state of being, making it more like an adjective.

Our International Presidents theme for this year is **"Diversity to Bridge the Divide"**. The Clubs in our District can take action now by contacting the Schools in their local area and encouraging them to enter this competition which will benefit their students and the School.

The competition is open for 11, 12 and 13 years old students as of 15 November 2019. MDHG have kits available now and I would encourage Clubs to obtain the Peace Poster Entry competition kit from MDHQ at a cost of £14.

The Clubs can participate with the Schools in judging of the posters for each School and can submit winning entries from more than one School towards the District Final.

**The Poster entries submission deadline for the District is 15 November 2019.** The District Finals venue and location will be advised later.

Should any Club require any further information and rules please contact me on 07785 371 379

**Lion Sunil Patel**  
Peace Poster Officer



### APOLOGIES for the delay

I would like to apologise for the undue delay in publishing the September POL. This has been due to late receipt of articles and photos for inclusion in the POL as well as my own holiday away from UK.

**Lion Shirish Sheth, Editor**

# District 105A Childhood Cancer Awareness

Childhood Cancer Awareness month starts in September. 1 in 500 children will develop cancer by the age of 14. Childhood cancers account for 0.5% of all cancers in the UK with boys are more likely to develop cancer than girls. Early diagnosis and treatment has improved over the last 50 years and the death rate has reduced and survival rate improved.. Please do something to support Childhood Cancer

Charities and Organisations as well as individual children with cancer and their families.

More information can be found on [www.cancerresearch.org.uk](http://www.cancerresearch.org.uk) and [www.childrenwithcancer.org.uk](http://www.childrenwithcancer.org.uk)

**Lion Penny Tregillus**  
District Childhood Cancer Officer

## Orientation for New Members

Zone B Chairman Harvinder Virdee organised an orientation session for new members, most of whom were inducted in the last two months. Other members who had joined a few months earlier but had not had an orientation training were also able to attend. There were a total of 15 new members and others that felt it would be useful to attend. Unfortunately there were several other new members that could not attend this time. PCC Viresh Paul kindly agreed to provide the training locally within Zone B. The Training was very successful and was well appreciated by all.

**Lion Harvinder Virdee**



## Welcome new Lions



*New members being inducted into Redbridge Centennial Lions Club (CIO) and Belmont Club in the last few weeks.*



**23 Nov 2019**  
**7PM TILL LATE**  
VIP LOUNGE 47 HIGH STREET  
EDGWARE HA8 7DD

  
**LIONS CLUB OF MOOR PARK PRESENTS**  
**MEHFIL NIGHT**

£40 PER PERSON  
INCL OF 3 COURSE MEAL  
LIVE ENTERTAINMENT BY  
KAY KAY GROUP & OTHERS  
FUSION OF INDIAN &  
WESTERN MUSIC  
DRESS TO IMPRESS  
FOR TICKETS CONTACT:  
SHAN POPAT 07785 398 639  
AMAR NOTTA 07771 901 222

### Lions passed to Higher Service

**Lion Lalit Lekhi** – Lions Club of Chipping Barnet

**Lion Abdul Bux** – Lions Club of Barking

**Lion Jitendra Sehgal** – Lions Club of Redbridge

Centennial and formerly of Wansted & Woodford

**Lion Bengie Walden** – Lions Club of Harpenden



# DG Kamal's Chronicle



Fellow Lions,

The summer is ending and as we move along let's think about some important dates and events ahead:

We are working towards forming a new Leo Club and Speciality Club. As a District we have not let the re-districting affect our momentum to strive towards excellence, help others achieve and importantly continue with the motto to serve.

The Spot Camera project has taken off with Angelo Ferrero, a member of Tring Club, who did a skydive on the 31st August to raise funds for the District Spot Camera Appeal. He hopes to raise enough money to purchase one, possibly more.

We have wonderful Lions Youth Projects that deserve our support. The finals of Peace Poster & Young Ambassador will be held in the near future – let us work with schools, scouts and guide troops and any groups in our communities. Lions can promote Young Leaders in Service and Leo Clubs as a way of providing young people with opportunities for volunteering and service.



*DG Kamal presenting banner to LP Maria of Wanstead and Woodford*

Life Skills is another positive Lions Educational programme – speak to members of our Youth Team. Youth Exchange happened where we hosted three young people from across the three continents. Please read the article about them in this POL.

District Trophies have all been streamlined to ensure maximum impact on those who support and facilitate these important events.

As a District we should share



*DG Kamal at the Redbridge Centennial Club handover*

posters, flyers, photographs and success stories with each other, with friends, families and the most of all with the public. Wear our Lions sweatshirt, T-shirt or Hi-Viz. Be proud of what we do and show how our efforts make a difference. Remember, new members join because they want to be involved and serve. We should be providing service that is central to our communities and in doing so important to our membership. New Welcome Booklets have been printed for new members.

The LCI five pillars of Service are DIABETES, VISION, ENVIRONMENT, HUNGER RELIEF and CHILDHOOD CANCER and many Clubs already have active projects in these areas.

**VISION** – LCI has project ideas online under the Vision heading the 'How to Serve' section. Please remember Sight has been at the heart of Lions' service since Helen Keller challenged us in 1925 to be "Knights of the Blind". Our Lions Eye Health Programme (LEHP) is to be relaunched soon with the emphasis being on Save Our Sight – more information will follow. During the World-Wide Week of Service, Clubs are asked to do something to help the blind or visually impaired, or to raise awareness of vision issues in their area. Many Clubs collect used spectacles sending them to the Third World via Chichester Lions. Do you have a group or organisation which supports the blind and visually impaired in your community? If not, do something for them during October or help a blind

person living in your area.

**CHILDHOOD CANCER** – District Officer Lion Penny Tregillus has written a very informative document that was emailed to all Clubs about Childhood and Prostrate Cancer. It is also on the 105A website and in this POL.

Work is still on going to set up a partnership with Brain Tumour Research. This will result in Clubs being able to help finance a new laboratory for research into brain tumours which is the biggest cancer killing children and young people under 40.

Don't forget to record your service activities on MyLCI. We know Lions are making a difference in our communities and by reporting your activities you can inspire new members, attract community partners and celebrate your achievements to a wider audience.

Finally, a reminder... the DGs Partner's Appeal this year is for London Air Ambulance who provide an endless and professional service to people who require urgent medical attention. Please think about donating – cheques to our District Treasurer Vanmali, made payable to LCI District 105A, endorsed on the back-DG Partner's Charity – London Air Ambulance. Or you can make direct payment to London Air Ambulance on the link provided on our website – DG Partners Charity. We have requested London Air Ambulance to provide a drop box so any money donated on line is linked to DG Partners Appeal.

**DG Kamal Sharma**

## Book Now for the Winter Forum

The event takes place at the  
**Watermill Hotel, Bourne End on Sunday,  
20 October 2019.**

We have a wide variety of presentations that will stimulate your thinking and provide motivation for getting involved in different causes in the spirit of service.

**PCC Viresh Paul**  
2019/20 GLT Coordinator